

# 2019/2020 State Championships Long Course Qualifying Times - Females

FEMALE		Juniors					Age					
		9	10	11	12	13	14	15	16	17	18	Open
Freestyle	50m	0:43.45	0:39.29	0:36.45	0:34.85	00:31.08	00:30.79	00:30.53	00:30.24	00:29.95	00:29.50	00:28.70
	100m	1:43.00	1:25.00	1:18.27	1:14.83	01:06.72	01:06.12	01:05.52	01:04.92	01:04.32	01:03.34	01:02.58
	200m			2:45.00	2:34.00	02:29.04	02:27.70	02:26.35	02:25.01	02:23.67	02:21.48	02:18.25
	400m				5:25.00	05:10.82	05:08.01	05:05.21	05:02.42	04:59.62	04:55.03	04:48.25
	800m				11:14.00	10:30.75	10:25.07	10:19.40	10:13.71	10:08.03	09:58.77	09:50.22
	1500m					21:15.94	20:44.23	20:15.81	20:09.25	19:45.19	19:27.14	19:02.68
Backstroke	50m	0:48.66	0:44.00	0:40.62	0:39.04	0:34.40	0:32.14	0:31.41	0:32.96	0:32.75	0:32.38	00:32.79
	100m	1:52.00	1:30.00	1:26.22	1:22.85	01:15.19	01:14.53	01:13.88	01:13.21	01:12.55	01:11.44	01:10.58
	200m			3:11.67	2:59.33	02:45.74	02:44.27	02:42.80	02:41.34	02:39.89	02:37.45	02:35.51
Breaststroke	50m	0:54.25	0:49.05	0:45.29	0:43.51	0:39.45	0:35.64	0:34.71	0:37.80	0:36.36	0:35.98	00:36.61
	100m	2:11.00	1:44.00	1:37.24	1:33.43	01:26.32	01:25.57	01:24.82	01:24.06	01:23.31	01:22.04	01:20.05
	200m			3:38.92	3:22.85	03:10.80	03:09.14	03:07.48	03:05.83	03:04.17	03:01.36	02:53.81
Butterfly	50m	0:45.43	0:41.08	0:37.93	0:36.45	0:32.24	0:29.66	0:28.94	0:30.90	0:30.28	0:30.00	00:30.33
	100m	1:53.00	1:31.00	1:24.04	1:20.76	01:13.95	01:12.65	01:12.01	01:11.36	01:10.71	01:09.64	01:08.63
	200m				2:59.01	02:46.91	02:43.98	02:42.52	02:41.05	02:39.58	02:37.15	02:33.74
Individual Medley	200m	1:53.20	1:42.40	1:27.40	1:23.94	02:48.42	02:46.93	02:45.44	02:43.95	02:42.47	02:39.99	02:36.75
	400m				6:16.00	05:55.98	05:52.83	05:49.67	05:46.53	05:43.38	05:38.13	05:26.89

# 2019/2020 State Championships Long Course Qualifying Times - Males

MALE		Juniors					Age						
		9	10	11	12	13	14	15	16	17	18	19	Open
Freestyle	50m	0:41.94	0:38.45	0:35.82	0:33.42	0:27.67	00:28.12	00:27.62	00:27.13	00:26.63	00:26.23	00:25.52	00:25.05
	100m	1:42.00	1:23.00	1:18.65	1:13.47	1:01.02	01:01.73	01:00.65	00:59.56	00:58.48	00:57.59	00:56.48	00:55.43
	200m			2:45.00	2:29.00	2:12.72	02:19.03	02:16.58	02:14.15	02:11.70	02:09.70	02:06.28	02:03.94
	400m				5:15.00	4:41.41	04:53.28	04:48.15	04:42.99	04:37.85	04:33.60	04:25.86	04:20.46
	800m				11:05.00	10:03.24	10:11.18	09:59.16	09:49.32	09:36.20	09:27.42	09:17.33	09:11.64
	1500m						19:14.46	18:54.22	18:33.96	18:23.83	18:07.02	17:30.62	17:14.62
Backstroke	50m	0:47.76	0:43.78	0:40.80	0:38.06	0:32.86	0:32.14	0:31.41	0:30.59	0:29.77	0:29.44	0:29.12	00:28.89
	100m	1:47.00	1:29.00	1:26.95	1:21.10	1:09.75	01:09.43	01:08.23	01:07.04	01:05.24	01:04.24	01:03.33	01:02.48
	200m			3:11.67	2:59.33	2:33.56	02:35.63	02:32.95	02:30.28	02:26.23	02:24.01	02:21.50	02:18.88
Breaststroke	50m	0:52.68	0:48.29	0:45.00	0:41.98	0:36.77	0:35.64	0:34.71	0:33.89	0:32.96	0:32.53	0:32.11	00:31.80
	100m	2:04.00	1:42.00	1:37.57	1:31.01	1:19.56	01:19.26	01:17.91	01:16.57	01:14.55	01:13.42	01:11.52	01:10.20
	200m			3:36.86	3:18.71	2:53.70	02:56.19	02:53.19	02:50.22	02:45.74	02:43.21	02:38.05	02:35.12
Butterfly	50m	0:44.93	0:41.18	0:38.37	0:35.79	0:30.69	0:29.66	0:28.94	0:28.12	0:27.40	0:27.20	0:27.00	00:26.99
	100m	1:49.00	1:31.00	1:24.49	1:18.81	1:07.78	01:07.47	01:06.31	01:05.14	01:03.39	01:02.43	01:01.10	00:59.97
	200m				2:56.79	2:32.05	02:34.10	02:31.44	02:28.78	02:24.79	02:22.59	02:19.85	02:17.26
Individual Medley	200m	1:55.40	1:44.56	1:28.94	1:22.96	1:11.35	02:36.99	02:34.28	02:31.57	02:27.51	02:25.27	02:21.92	02:19.29
	400m				6:12.00	5:34.91	05:37.71	05:31.88	05:26.06	05:17.32	05:12.47	05:01.72	04:55.59

## 2019/20 'AA' Long Course Qualifying Times

MALE		Juniors					Age				
		9	10	11	12	13	14	15	16	17/18	Open
Freestyle	50m	0:46.48	0:42.12	0:38.62	0:36.70	0:29.00	0:29.00	0:28.20	0:27.50	0:27.20	0:25.80
	100m	1:53.00	1:32.00	1:24.79	1:20.57	1:05.20	1:04.00	1:02.30	1:00.60	1:00.10	0:58.10
	200m	3:57.00	3:42.00	2:58.00	2:40.00	2:21.50	2:19.90	2:16.30	2:12.60	2:11.40	2:07.70
	400m			6:13.00	5:36.00	4:58.20	4:54.00	4:49.00	4:41.30	4:36.20	4:31.60
	800m			12:49.00	11:37.00	10:23.30	10:17.00	9:59.60	9:44.30	9:31.20	9:11.40
	1500m					19:24.20	19:08.00	18:51.30	18:21.30	18:01.30	17:32.90
Backstroke	50m	0:52.94	0:47.96	0:43.98	0:41.79	0:35.10	0:34.10	0:33.20	0:32.30	0:31.80	0:29.90
	100m	1:58.00	1:37.00	1:33.73	1:29.07	1:14.50	1:12.40	1:10.50	1:08.70	1:07.50	1:05.80
	200m		3:49.00	3:13.00	2:59.00	2:43.70	2:38.20	2:34.20	2:30.20	2:27.50	2:22.10
Breaststroke	50m	0:58.39	0:52.90	0:48.51	0:46.10	0:39.20	0:37.70	0:36.70	0:35.80	0:35.20	0:32.80
	100m	2:17.00	1:52.00	1:45.19	1:39.95	1:25.00	1:21.60	1:19.50	1:17.50	1:16.20	1:13.20
	200m		4:15.00	3:56.61	3:38.22	3:05.10	2:56.50	2:52.10	2:47.70	2:44.80	2:39.00
Butterfly	50m	0:49.79	0:45.11	0:41.37	0:39.31	0:32.80	0:31.30	0:30.60	0:29.80	0:29.30	0:28.10
	100m	1:58.00	1:39.00	1:31.09	1:26.55	1:12.40	1:09.30	1:07.50	1:05.70	1:04.60	1:02.80
	200m			3:19.00	3:14.15	2:42.10	2:36.40	2:32.40	2:28.40	2:25.80	2:21.40
Individual Medley	200m	4:35.03	4:06.77	3:28.15	3:17.79	2:45.10	2:39.90	2:35.80	2:31.80	2:29.00	2:22.80
	400m			7:08.00	6:39.00	5:54.80	5:40.30	5:31.70	5:23.00	5:17.30	5:10.00

## 2019/20 'AA' Long Course Qualifying Times

FEMALE		Juniors					Age				
		9	10	11	12	13	14	15	16	17/18	Open
Freestyle	50m	0:46.99	0:42.48	0:38.70	0:37.63	0:31.70	0:31.20	0:30.60	0:30.30	0:30.00	0:29.60
	100m	1:52.00	1:33.00	1:23.10	1:20.79	1:08.90	1:07.70	1:06.50	1:05.90	1:04.70	1:04.00
	200m	3:57.00	3:42.00	2:58.00	2:57.24	2:30.70	2:28.10	2:25.40	2:24.10	2:21.20	2:19.80
	400m			6:13.00	6:11.50	5:16.20	5:10.60	5:05.00	5:02.20	4:57.30	4:56.10
	800m			12:49.00	11:44.00	10:38.40	10:27.10	10:15.80	10:10.20	10:06.80	9:57.90
	1500m					21:35.00	20:51.40	20:12.20	20:05.60	19:34.00	19:08.50
Backstroke	50m	0:55.35	0:48.61	0:43.35	0:42.28	0:36.40	0:35.70	0:35.20	0:34.90	0:35.00	0:33.20
	100m	1:58.00	1:39.00	1:31.99	1:29.44	1:17.20	1:15.90	1:14.50	1:13.80	1:14.10	1:13.30
	200m		3:49.00	3:13.00	2:59.33	2:48.20	2:45.30	2:42.40	2:40.90	2:37.70	2:36.20
Breaststroke	50m	1:01.70	0:54.19	0:48.32	0:47.13	0:41.80	0:41.10	0:40.30	0:40.00	0:38.80	0:37.00
	100m	2:27.00	1:55.00	1:43.75	1:40.87	1:29.90	1:28.40	1:26.90	1:26.10	1:23.50	1:22.60
	200m		4:15.00	3:57.00	3:39.00	3:15.40	3:12.00	3:08.70	3:07.00	2:59.30	2:57.60
Butterfly	50m	0:51.67	0:45.39	0:40.47	0:39.47	0:34.10	0:33.50	0:33.00	0:32.70	0:32.30	0:31.00
	100m	2:05.00	1:39.00	1:29.67	1:27.18	1:15.50	1:14.20	1:12.90	1:12.20	1:11.40	1:10.60
	200m			3:19.00	3:13.26	2:48.50	2:45.60	2:42.70	2:41.20	2:37.90	2:36.40
Individual Medley	200m	4:24.21	3:58.84	3:22.35	3:16.74	2:52.40	2:49.40	2:46.40	2:44.90	2:39.70	2:38.20
	400m			7:08.00	6:43.00	6:05.00	5:58.70	5:52.30	5:49.10	5:37.40	5:36.00